

	Present progressive	Past progressive	Present Perfect progressive	Past perfect progressive	Future progressive
Progressive					
I	am working	was working	have been working	had been working	will be working
you	are working	were working	have been working	had been working	will be working
he, she, it	is working	was working	has been working	had been working	will be working
we	are working	were working	have been working	had been working	will be working
you	are working	were working	have been working	had been working	will be working
they	are working	were working	have been working	had been working	will be working

Progressive negative

I	'm not working	wasn't working	haven't been working	hadn't been working	will not be working
you	aren't working	weren't working	haven't been working	hadn't been working	will not be working
he, she, it	isn't working	wasn't working	hasn't been working	hadn't been working	will not be working
we	aren't working	weren't working	haven't been working	hadn't been working	will not be working
you	aren't working	weren't working	haven't been working	hadn't been working	will not be working
they	aren't working	weren't working	haven't been working	hadn't been working	will not be working

Signal words	at the moment, now, look!, listen!	while	for, since		
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Use of progressive tenses	The present progressive is used to describe what is happening now. I am working at the moment.	Something took a long time in the past. Two action happening at the same time in the past. An action at a certain time in the past. Yesterday at 6 we were eating.	An action that has just stopped or recently stopped. An action continuing up to now. We have been running for 20 minutes.	The past perfect progressive expresses an action in the past before another action in the past happened. Had the driver been drinking before the accident yesterday?	An action in progress at a certain time in future. He will be working at 10 am.
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